

### Blue Ash Educational Building Bi-Weekly Rotating Menu

		Day of the Week					
Breakfast	Component	Monday	Tuesday	Wednesday	Thursday	Friday	Week A
	Serving	<b>Cheerios</b> 100% Orange Juice	<b>Whole Grain French Toast</b> Pears	<b>Blueberry Muffins</b> Bananas	<b>Oatmeal</b> Apple Slices	<b>Whole Grain Pancakes</b> Bananas	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Lunch	Serving	<b>Chicken Casserole w/ Egg Noodles</b> Corn Peaches	<b>Turkey Bologna Melt</b> Carrots Applesauce	<b>Soft Tacos w/ Whole Grain Tortillas</b> Black Beans Mandarin Oranges	<b>Chicken Patties &amp; Turkey Franks</b> Mashed Potatoes Pears	<b>Grilled Cheese</b> Tossed Salad w/ Ranch Applesauce	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Snack	Serving	Graham Crackers	Bananas Pretzels	Cheez-its	Apple Slices Club Crackers	Pineapple Chunks Nilla Wafers	
	Beverage	100% Grape Juice	Water	100% Fruit Juice	Water	Water	

		Day of the Week					
Breakfast	Component	Monday	Tuesday	Wednesday	Thursday	Friday	Week B
	Serving	<b>Kix Cereal</b> 100 % Orange Juice	<b>Whole Grain French Toast</b> Pears	<b>Blueberry Muffins</b> Bananas	<b>Oatmeal</b> Applesauce	<b>Whole Grain Waffles</b> Bananas	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Lunch	Serving	<b>Macaroni and Cheese</b> Tossed Salad w/ Ranch Peaches	<b>Turkey Ham Melt</b> Carrots Applesauce	<b>Chili Spaghetti</b> Green Beans Mandarin Oranges	<b>Cheeseburger &amp; Turkey Franks</b> Mashed Potatoes Pears	<b>Turkey Sausage &amp; Whole Grain Pancakes</b> Peas Cantaloupe	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Snack	Serving	Graham Crackers	Pretzels Apple Slices	Club Crackers Cheese cubes	Nilla Wafers Bananas	Cheez-its	
	Beverage	100% Grape Juice	Water	Water	Water	100% Fruit Juice	

Items substituted based on child's age and stage of development